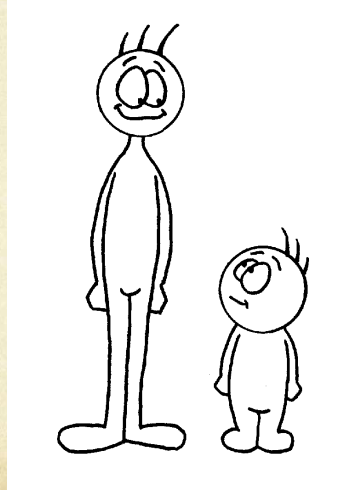


Boundaries



<http://project44eveandadam.wordpress.com/2012/04/23/tall-dark-handsome/>

Some Suggestions



Relational Boundaries

- Help us maintain clear professional relationships.
- Are guidelines (usually unwritten) that help us know when and when not to participate in a given activity, especially if we have more power.
- Are not intended to shackle us but to free us in our work as those in ministry/leadership.
- Help us keep perspective when people's problems seem overwhelming.
- Signal to others that it is safe to trust us.
- Protect those for whom we have responsibility from our abuse of power.



Attention to boundaries is not

Political correctness taking over

The end of authentic relationships

A graphic that says "KEEP OUT!" in bold, yellow, 3D-style letters with a black outline and a drop shadow, set against a white background.

Boundary violations

- Cause harm to the care-seeker
- Harm the care-giver
- Bring the church and Christ into disrepute



How do I react to this section?

Write down or share

a. your own reaction to the idea of 'boundaries'

- before you came tonight

- after these descriptions.

b. Something that stood out for you.



These may be useful starters

I was interested in the idea ...

I know about

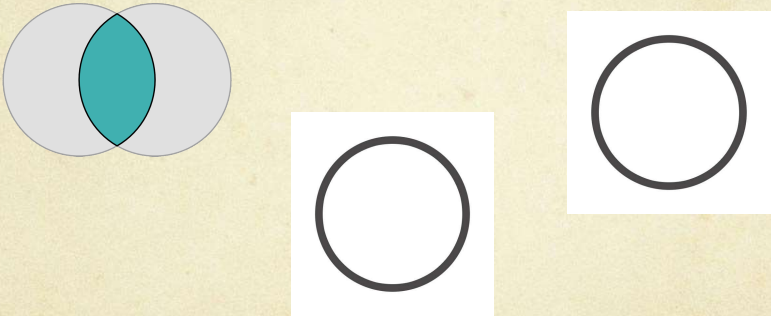
I've never thought about

Is this nearly over 😊

Empathy and Boundaries


Mark 5:25-34

our world and the world of the other



The diagram consists of three elements on a light brown background. On the left is a Venn diagram with two overlapping circles; the intersection is shaded teal. To the right are two separate, identical circles, each centered within its own white square. A large, faint number '7' is visible in the bottom right corner of the slide.

Empathy and Boundaries



disengagement

merger

Doehring, C. *Taking Care- Monitoring Power dynamics and Relational Boundaries in Pastoral Care and Counselling*. Nashville - Abindgon, 1995.

The diagram shows two pairs of circles. The left pair, labeled 'disengagement', consists of a blue circle and a dark red circle positioned side-by-side with no overlap. The right pair, labeled 'merger', consists of a blue circle and a dark red circle where the blue circle is partially obscured by the dark red circle, indicating a loss of individual identity.

Red Flags



Boundaries under threat

Projection : I know because you want what I want

Transference : I know because I have met you before...

I understand how you feel.

The carer is not immediately aware of doing this.

Doehring, C. *Taking Care- Monitoring Power dynamics and Relational Boundaries in Pastoral Care and Counselling*. Nashville - Abingdon, 2008?

Boundaries erode rather than snap

Ensuring side conversations after Vestry meetings,

Making appointments for times when no one else is around.

Discussing personal problems.

Encouraging dependence - whose needs are being met?

Sexual jokes or innuendo.

Phoning at home to chat.

Any Questions?

